

**GOVERNMENT OF PUDUCHERRY
DIRECTORATE OF SCHOOL EDUCATION
STATE PROJECT OFFICE
SAMAGRA SHIKSHA**

No.1332/SSA/SDT/2020-21

Puducherry, dated 28.02.2021

CIRCULAR

Sub: SSA - Conduct of Self Defence Training for adolescence girl
Students- 2020-21 - Reg.

Keeping oneself safe is a priority. And it is mandatory for a girl child to keep herself away from all types of abuse. Self-defence opens up a source of freedom for girls. Self-defense builds confidence, self-esteem, and even self-worth among young girls. It also helps them to keep physically fit and develop a disciplined mind set to face the challenges posed to them.

In this regard, an amount of Rs.9000/- per school is released to conduct the self defence training programme for adolescent girl students for a period of 3 months as per the guidelines enclosed with this circular.

The heads are requested to utilize the fund as per the provided guidelines and thereby send a **compliance report** along with the filled in **proforma(I-V)** attached with this circular.


(N. DINAKAR)

STATE PROJECT DIRECTOR

To

1. The Joint Director (SE), DSE, Puducherry
2. The Deputy Director (SE), Karaikal
3. The Chief Educational Officer, Pondicherry/Karaikal/Mahe
4. The Deputy Director of Education (Women), DSE, Puducherry.
5. The Delegate to Yanam, DSE, Yanam
6. All the Heads of Co-ed and Girls Middle/High/ Higher Sec.Schools.
7. The ADPC, Pondicherry/Karaikal/Mahe/Yanam
8. The P.A. to DSE, Puducherry.
9. The P.S. to SPD, Samagra Shiksha, Puducherry.
10. EDP Section – with a request to host on the website.

Annexure to the Circular No.1332/SS/SDT/2020-21 dt.27/01/2021

Guidelines for Self Defence Training Programme for Girl Students

This programme is intended for the girl students of studying in Elementary (Upto Class 8) and Secondary Schools.

- The Head of the institution is to form a five member committee comprising the following members:
 - 1) The Head of the Institution as Head of the committee
 - 2) Physical Education Teacher (*if not available*), or a senior teacher
 - 3) One female teacher
 - 4) One SMC/SMDC member
 - 5) The Self Defence skill instructor suggested by the Dy. Director (Sports & Youth Services) and Police Training School, Gorimedu, Puducherry
- The committee shall draw the time schedule for the 3 months training.
- The committee shall ensure the day-wise instructional items are made ready on the basis of the syllabus in consultation with the instructor.
- The committee shall select the girl students studying in Elementary (Upto Class VIII) or Secondary, considering their fitness to undergo the training.
- The students shall be enrolled for the training only after getting joint undertaking from the student and their parents.
- The training programme has to be scheduled on school working days and out of school hours.
- The time schedule of the training shall be communicated to the trainee students and their parents. The time schedule shall be of One and half (1^{1/2}) hours duration on each day.
- A staff meeting is to be convened by the Head of the institution to explain in detail about all aspects and the conduct of the training programme.
- Attendance Register is to be maintained for trainees, trainer and the staff on duty.

Duties during the Training Programme:

- Attendance shall be signed by the instructor and the staff on duty.
- The instructor must be present on all the days of the training programme. Under unavoidable circumstances his/her leave should be intimated to the Head of the Institution at least one day in advance so that the Head of the institution can call off the training programme on that particular day.
- The time schedule is to be strictly adhered. The instructor and the staff on duty are expected to leave the school campus only after all the trainees have left the school.
- The safety of the students must be the prime concern.
- First Aid Kit should be kept ready during the training programme. The school PET may take care of this.
- The monitoring and evaluation committee will visit the school to monitor and evaluate the training programme.

Duties after the Training Programme:

- The instructor is to conduct a demonstration on Self Defence skills by the trainee students, in the school assembly as an exhibition of the achievements of the trainees.
- The Head of the institution shall submit a report on the training programme with photographs.

Note:

1. *The programme shall be conducted for a period of 3 months on all working days.*
2. *Rs.9,000/- is released for Honorarium for the Instructor for 3 months @ Rs.3,000 per month and this amount may be disbursed to the Instructor at the end of the programme.*

PROFORMA I
SAMAGRA SHIKSHA - SELF DEFENCE PROGRAMME

Name & address of the School :

Contact No. :

DETAILS OF 5 MEMBER COMMITTEE & INSTRUCTOR

SN	Name of the Committee members / Instructor	Designation	Mobile No.	Postal Address
1				
2				
3				
4				
5				
6				

SIGNATURE OF THE HEAD OF THE INSTITUTION

PROFROMA IV
SAMAGRA SHIKSHA - SELF DEFENCE PROGRAMME

Name & address of the School :

Daily report

SN	DATE	TIME		Number present	Number absent	Signature of the Instructor with name	Signature of the Teacher incharge with name
		FROM	TO				
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
-							
-							
-							
-							
-							

SIGNATURE OF THE HEAD OF THE INSTITUTION

PROFORMA V

SAMAGARA SHIKSHA - SELF DEFENCE PROGRAMME

Name & address of the School :

CHECK LIST

(Write 'Yes' or 'No' in the boxes)

- | | | |
|----|--|--------------------------|
| 1 | The Guideliness and Syllabus | <input type="checkbox"/> |
| 2 | The committee meeting has been convened | <input type="checkbox"/> |
| 3 | Instructor for the training is available | <input type="checkbox"/> |
| 4 | The Student trainees have been selected as per the guideliness. | <input type="checkbox"/> |
| 5 | Individual consent letter has been received from the parents of each trainee. | <input type="checkbox"/> |
| 6 | A time schedule has been framed for the conduct of the training. | <input type="checkbox"/> |
| 7 | The trainees and their parents are informed about the time schedule of the training. | <input type="checkbox"/> |
| 8 | The Staff meeting has been convened and briefed about the training. | <input type="checkbox"/> |
| 9 | Attendance register is being maintained for trainees, instructor and staff on duty. | <input type="checkbox"/> |
| 11 | The instructor has been made fully aware of the guideliness. | <input type="checkbox"/> |

Date:

Signature of the Head of the Institution

**UT OF PUDUCHERRY LIST OF GOVT. SCHOOLS FOR SELF DEFENCE PROGRAMME -
ELEMENTARY & SECONDARY - 2020-21**

SL. NO.	REGION	IO	UDISE CODE	NAME OF THE SCHOOL	AMOUNT IN Rs.
1	Pondy	CEO	34020203103	GMS SORIANKUPPAM	9000
2	Pondy	CEO	34020203501	GMS MANAPET	9000
3	Pondy	CEO	34020205001	GMS PANDASOZHANALLUR	9000
4	Pondy	CEO	34020205402	GMS POORANANKUPPAM	9000
5	Pondy	CEO	34020205403	GMS ANDIARPALAYAM Ariyankuppam	9000
6	Pondy	CEO	34020205805	GMS ADINGAPET	9000
7	Pondy	CEO	34020206606	GMS NALLAVADU	9000
8	Pondy	CEO	34020206701	GMS TN PALAYAM	9000
9	Pondy	CEO	34020302902	GMS MANNADIPET	9000
10	Pondy	CEO	34020304001	GMS SANNIYASIKUPPAM	9000
11	Pondy	CEO	34020306402	GMS KEEZAGRAGARAM	9000
12	Pondy	CEO	34020202101	GMS KARIAMANIKKAM	9000
13	Pondy	CEO	34020202104	GMS MOLAPAKKAM	9000
14	Pondy	CEO	34020204901	GMS PANAYADIKUPPAM	9000
15	Pondy	CEO	34020301701	GMS KEEZHUR	9000
16	Pondy	CEO	34020302601	GMS MANALIPET	9000
17	Pondy	DDW	34020100602	GMS PUDUPALAYAM	9000
18	Pondy	DDW	34020100609	MAHATMA GANDHI GMS NELLITHOPE	9000
19	Pondy	DDW	34020100608	GMS LAWSPET	9000
20	Pondy	DDW	34020102508	GGMS DELARHPET	9000
21	Pondy	DDW	34020107201	Dr B R AMBEDKAR GMS PAKKAMUDAYANPET	9000
22	Pondy	DDW	34020107301	NVGMS PILLAICHAVADY	9000
23	Pondy	DDW	34020112838	GGMS MUTHIALPET	9000
24	Pondy	DDW	34020112868	KAMARAJ GMS DAVIDPET	9000
25	Pondy	DDW	34020112869	AKKASWAMIGAL GMS VAITHIKUPPAM	9000
26	Pondy	DDW	34020113917	GMS PICHAVEERANPET	9000
27	Pondy	DDW	34020113822	GGMS MUTHIRAPALAYAM	9000
28	Pondy	DDW	34020114608	GMS OK PALAYAM	9000
29	Pondy	DDW	34020114605	GMS MUDALIARPET	9000
30	Pondy	DDW	34020200716	N J GGMS VEERAMPATTINAM	9000
31	Pondy	DDW	34020306210	GGMS VILLIANUR	9000
32	Karaikal	CEO	34040603802	GMS - PUDUTHURAI	9000
33	Karaikal	CEO	34040607001	GMS - SURAKUDY	9000
34	Karaikal	CEO	34040607503	GMS - NALLAMBAL	9000
35	Karaikal	CEO	34040607004	GMS - KARUKKANGUDY	9000
36	Karaikal	CEO	34040608401	GMS - SELLUR	9000
37	Karaikal	CEO	34040608901	GMS - PONBETHY	9000
38	Karaikal	CEO	34040609602	GMS - VADAMATTAM	9000
39	Karaikal	CEO	34040609701	GMS - MELAKASAKUDY	9000
40	Karaikal	CEO	34040609902	GMS - NEIVATCHERRY	9000
41	Karaikal	CEO	34040610605	GMS - THIRUNALLAR	9000
42	Karaikal	CEO	34040610806	BGMS - NERAVY	9000
43	Karaikal	CEO	34040612410	GMS - T.R.PATTINAM	9000
44	Karaikal	CEO	34040612409	GMS - SENIAR STREET, T.R.PATTINAM	9000
45	Mahe	CEO	34030101508	GMS-AVAROTH	9000
46	Mahe	CEO	34030100117	GMS, MAHE	9000

**UT OF PUDUCHERRY LIST OF GOVT. SCHOOLS FOR SELF DEFENCE PROGRAMME -
ELEMENTARY & SECONDARY - 2020-21**

Sl.No.	REGION	IO	UDISE CODE	NAME OF THE SCHOOL	AMOUNT IN Rs.
1	Pondy	JD	34020101619	VALLALAR GGHSS LAWSPET	9000
2	Pondy	JD	34020112881	MANIMEGALAI GGHSS-NELLITHOPE	9000
3	Pondy	JD	34020112883	ANNAI SIVAGAMI GGHSS MUDALIARPET	9000
4	Pondy	JD	34020200702	TPGGHSS ARIYANKUPPAM	9000
5	Pondy	JD	34020202003	GHSS KARAYAMPUTHUR	9000
6	Pondy	JD	34020202503	DR B R AMBEDKAR GHSS KIRUMAMPAKKAM	9000
7	Pondy	JD	34020203702	GHSS NONANKUPPAM	9000
8	Pondy	JD	34020301104	KALAINAR KARUNANI GHSS K T KUPPAM	9000
9	Pondy	JD	34020301901	GHSS KODAPAKKAM	9000
10	Pondy	JD	34020302002	ARINGAR ANNA GHSS KUNICHEMPET	9000
11	Pondy	JD	34020304205	GHSS SEDARAPET	9000
12	Pondy	JD	34020300502	GHSS ARIYUR	9000
13	Pondy	JD	34020101502	GGHSS-KALAPET	9000
14	Pondy	JD	34020101002	GHSS ALANKUPPAM	9000
15	Pondy	JD	34020102506	GGHSS-KATHIRKAMAM	9000
16	Pondy	JD	34020103002	THEERAR SATHIYAMOORTHY GHSS MURUNGAPAKKAM	9000
17	Pondy	JD	34020104902	GHSS OULGARET	9000
18	Pondy	JD	34020112310	INDIRA GANDHI GHSS INDIRA NAGAR	9000
19	Pondy	JD	34020112829	THIRUVALLUR GOVT GIRLS HSS PONDY	9000
20	Pondy	JD	34020112836	SRI N K C GGHSS KURUSUKUPPAM	9000
21	Pondy	JD	34020112845	SINNATHA GOVT GIRLS HSS MUTHIALPET	9000
22	Pondy	JD	34020112851	SOUCILABAI GOVT GIRLS HSS VISYAL ST	9000
23	Pondy	JD	34020112867	SUBRAMANIA BHARATHI GGHSS LAL BAHADUR SHASTRI STREET BUSSY ST	9000
24	Pondy	JD	34020113806	IAGHSS-MUTHIRARPALAYAM	9000
25	Pondy	JD	34020201004	KASTHURIBAI GANDHI GGHSS BAHOUR	9000
26	Pondy	JD	34020201306	MARAIMALAI ADIGAL GHSS EMBALAM	9000
27	Pondy	JD	34020202202	GHSS KARIKALAMPAKKAM	9000
28	Pondy	JD	34020202701	GHSS KORKADU	9000
29	Pondy	JD	34020204603	KAMBAN GHSS NETTAPAKKAM	9000
30	Pondy	JD	34020206603	GHSS THAVALAKUPPAM	9000
31	Pondy	JD	34020207502	TKRSP GHSS KORAVELIMEDU	9000
32	Pondy	JD	34020305001	GGHSS T V KOIL	9000
33	Pondy	JD	34020305503	ADGHSS THONDAMANATHAM	9000
34	Pondy	JD	34020306004	PBGHSS-P .S PALAYAM	9000

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Sl.No.	REGION	IO	UDISE CODE	NAME OF THE SCHOOL	AMOUNT IN Rs.
35	Pondy	JD	34020306204	KANNAGI GGHSS VILLIANUR	9000
36	Pondy	JD	34020306217	KQMGHSS SULTHANPET	9000
37	Pondy	DDW	34020113818	GHS DHARMAPURI	9000
38	Pondy	CEO	34020200102	CHEDDILAL GHS ABISHEGAPAKKAM	9000
39	Pondy	CEO	34020200717	SCSVGHS VEERAMPATTINAM	9000
40	Pondy	CEO	34020203102	GHS KURUVINATHAM	9000
41	Pondy	CEO	34020205003	GHS KALMANDAPAM	9000
42	Pondy	CEO	34020207403	GHS KEEZHPARIKALPET	9000
43	Pondy	CEO	34020302802	GHS MANGALAM	9000
44	Pondy	CEO	34020303303	TVK GHS ARUMBARTHAPURAM	9000
45	Pondy	CEO	34020303702	GHS PILLAYARKUPPAM V	9000
46	Pondy	CEO	34020304002	GHS KOTHAPURINATHAM	9000
47	Pondy	CEO	34020304301	GHS SELLIPET	9000
48	Pondy	CEO	34020304802	GHS SORAPET	9000
49	Pondy	CEO	34020305302	GHS THIRUBUVANAI	9000
50	Pondy	CEO	34020305701	GHS URUVAIYAR	9000
51	Pondy	CEO	34020306001	GHS VADHANUR	9000
52	Pondy	CEO	34020306219	GHS KANUVAPET	9000
53	Pondy	CEO	34020306604	GHS MADAGADIPET PALAYAM	9000
54	Pondy	CEO	34020202505	GHS PANITHITTU	9000
55	Pondy	CEO	34020205803	KV GOVT HIGH SCHOOL SELIAMEDU	9000
56	Pondy	CEO	34020301402	INDIRA GANDHI GHS KATTERIKUPPAM	9000
57	Pondy	CEO	34020302910	GHS THIRUKKANUR	9000
58	Pondy	CEO	34020304101	GHS SANTHAI PUDUKUPPAM	9000
59	Pondy	CEO	34020306701	GHS KODATHUR	9000
60	Pondy	CEO	34020306901	GHS SUTHUKENY	9000
61	Pondy	CEO	34020200701	GHS ARIANKUPPAM	9000
62	Pondy	DDW	34020102303	S R SUBRAMANIAN GHS SARAM	9000
63	Pondy	DDW	34020103802	GHS KOMBAKKAM	9000
64	Pondy	DDW	34020111102	MTVS GHS REDDIARPALAYAM	9000
65	Pondy	DDW	34020203203	GOVT GIRLS HIGH SEC SCH MADUCARAI	9000
66	Pondy	DDW	34020101606	PANDIT DURAISAMY GHS PETICHETPET	9000
67	Pondy	DDW	34020102505	THILLAIYADI VALLIAMMAI GHS KADIRKAMAM	9000
68	Pondy	DDW	34020105902	GHS THENGAITHITTU	9000
69	Pondy	DDW	34020112302	SEKKIZHAR GHS THATTANCHAVADY SN	9000
70	Pondy	DDW	34020112304	GHS GANDHI NAGAR	9000

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ELEMENTARY & SECONDARY - 2020-21**

SI.No.	REGION	IO	UDISE CODE	NAME OF THE SCHOOL	AMOUNT IN Rs.
71	Pondy	DDW	34020112827	SAVARAYALUNAYAGAR GGHS PUDUCHERRY	9000
72	Pondy	DDW	34020112865	DGHS VAMBAKEERAPALAYAM	9000
73	Pondy	DDW	34020112871	PENSIONNAT DE JEUNES FILLES DUMAS STREET	9000
74	Karaikal	CEO	34040600102	KAMARAJ GHS - POOVAM	9000
75	Karaikal	CEO	34040600401	GHS - THIRUVETTAKUDY	9000
76	Karaikal	CEO	34040601303	CES - DEITHA STREET, KARAİKAL	9000
77	Karaikal	CEO	34040601502	GHS - KOVILPATHU	9000
78	Karaikal	CEO	34040606202	GHS - VIZHIDIYUR	9000
79	Karaikal	CEO	34040607705	Rm A.S.PACKIRISAMY PILLAI GHS - KARAİKALMEDU	9000
80	Karaikal	CEO	34040607902	GHS - SETHUR	9000
81	Karaikal	CEO	34040610804	HUSSAINIA GHS - NERAVY	9000
82	Karaikal	CEO	34040610909	GGHS - KOTTUCHERRY	9000
83	Karaikal	CEO	34040612001	KARMAVEERAR KAMARAJAR GHS - KURUMBAGARAM	9000
84	Karaikal	CEO	34040612401	GHSS - T.R.PATTINAM	9000
85	Karaikal	CEO	34040612605	KAMARAJ GHS - VADAMARAICADU, KARAİKAL	9000
86	Karaikal	CEO	34040612614	GHS - KOTHUKULAM	9000
87	Karaikal	CEO	34040612615	MURUGATHAL AACHI GGHS - KARAİKAL	9000
88	Karaikal	CEO	34040612619	GHS - AKKARAIVATTAM	9000
89	Karaikal	CEO	34040612803	GHS - Oozhiapathu	9000
90	Karaikal	CEO	34040613002	GHS - VARICHIKUDY	9000
91	Karaikal	DDSE	34040601402	NSC BOSE GHSS - THALATHERU	9000
92	Karaikal	DDSE	34040607707	THIRUVALLUVAR GHSS - AMBAGARATHUR	9000
93	Karaikal	DDSE	34040608702	JAWAHARLAL NEHRU GHSS - NEDUNGADU	9000
94	Karaikal	DDSE	34040610608	GGHSS - THIRUNALLAR	9000
95	Karaikal	DDSE	34040610810	GHSS - NERAVY	9000
96	Karaikal	DDSE	34040610907	VOC GHSS - KOTTUCHERRY	9000
97	Karaikal	DDSE	34040612401	GHSS - T.R.PATTINAM	9000
98	Karaikal	DDSE	34040612607	ANNAI THERESA GGHSS - KARAİKAL	9000
99	Mahe	CEO	34030100102	ECOLE CENTRALE ET COURS COMPLE	9000
100	Mahe	CEO	34030100401	KASTHURBA GANDHI GHS-PALLOOR	9000
101	Mahe	CEO	34030101502	USMAN GHS-CHALAKKARA	9000
102	Mahe	JD	34030100101	JAWAHARLAL NEHRU GHSS	9000
103	Mahe	JD	34030100202	I.K. KUMARAN GHSS- PANDAKAL	9000
104	Mahe	JD	34030100116	C.E. BHARATHAN GHSS-MAHE	9000
105	Mahe	JD	34030100405	V.N. PURUSHOTHAMAN GHSS-PALLOOR	9000

**UT OF PUDUCHERRY LIST OF GOVT. SCHOOLS FOR SELF DEFENCE PROGRAMME -
ELEMENTARY & SECONDARY - 2020-21**

Sl.No.	REGION	IO	UDISE CODE	NAME OF THE SCHOOL	AMOUNT IN Rs.
106	Yanam	DDSE	34010100102	PANDIT JAWAHARLAL NEHRU GOVT. HIGH SCHOOL - METTAKUR	9000
107	Yanam	DDSE	34010100203	KAMALA NEHRU GOVT. GIRLS HIGH SCHOOL - YANAM	9000
108	Yanam	DDSE	34010100213	RAJIV GANDHI GOVT. ENG. MED. HIGH SCHOOL - YANAM	9000
109	Yanam	DDSE	34010100304	DR. B.R. AMBEDKAR GOVT. HIGH SCHOOL - FARAMPETA	9000
110	Yanam	DDSE	34010100601	S.K.S.P.V.R.N GOVT. HIGH SCHOOL - KANAKALAPETA	9000
111	Yanam	DDSE	34010100701	PERUNTHALAIVAR KAMARAJAR GOVT. HIGH SCHOOL - GURIEMPET	9000
112	Yanam	DDSE	34010113305	DR. K. R. NARAYANAN GOVT. HIGH SCHOOL - DARIALATIPPA	9000
113	Yanam	DDSE	34010100216	SRI TANGUTURI PRAKASAM PANTULU GOVT. JR COLLEGE - YANAM	9000